



NIAS is a not-for-profit community-based organization

The Northern Inland Academy of Sport (NIAS) has great pleasure in inviting you to the 2019 **National Football Camp (NFC)**.

The NFC is an inclusive football camp catering for athletes of all standards for Primary and Secondary School students **aged U5 – U17 in 2019**.

The NFC will be held over the week **20th – 23rd of January** and will be hosted in the beautiful city Armidale is the thriving hub of the New England Region of NSW and is renowned for its amazing scenery and first-class education facilities.

The NFC will be coordinated and delivered by **Newington College's Head of Football Mr Brian McCarthy**. The quality of every Session, Theory or Practical as well as materials and pre event publicity will be of a quality level in keeping with Brian's **12 years of top International Football** Involvement at 4 European Championships, 3 World Cups, and 2012 EURO Finals Series with the Irish National Team.

During his time in European Football Brian worked very closely with Giovanni Trapattoni, Marco Tardelli, Sir Bobby Robson, Martin O'Neill, Roy Keane, Robbie Keane, Damien Duff, Steve Staunton, Packie Bonner, Alan Kelly, Kevin MacDonald, Paul Clement (Bayern Munich Asst Manager), Les Reed (present Southampton Academy Director and former English FA Technical Director), Brian Kerr, Steve Walford and Steve Guppy.

Brian's son **Stephen McCarthy, a UEFA qualified coach** and **Manchester United First Team Scout**.

The National Football Camp is a football (soccer) camp for both **boys and girls** aged U5- U17 from across the country taking place in a three-day comprehensive football camp. The NFC embraces **inclusivity, enjoyment, friendship in sport and sportsmanship** as its core values.

The NFC offers a **stay with us, stay out** and **juniors** (9am-3pm Monday/Tuesday, half day Sunday/Wednesday) option for all athletes. The stay with us option will feature accommodation



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hosted at **St Alberts College** and includes all meals. The stay out option includes lunch and daytime snacks.

Costs for the NFC are:

STAY WITH US – \$495 gst inc

STAY OUT – \$375 gst inc

JUNIORS - \$180 gst inc (Mon/Tues 8:30am – 3pm daily, Wed 8:30-12pm)

NFC Itinerary

Saturday 19th January

3pm Coaches to arrive at St Alberts College

4pm-5:30pm Coach development session

6:30pm Dinner/Final preparations for Sunday

Sunday 20th January

9:30am Field preparation for camp commencement at 12pm

12pm-12:30pm Athletes arrive and confirm attendance

12:30pm-1pm Welcome and final participant briefing

1pm-5:45pm Camp

6pm Live in participants return to accommodation/dinner and bed, live out leave for the day

Monday 21st January

9am-12:30pm Camp

12:30-1:30pm Lunch

1:30pm-5:45pm Camp

6pm Live in participants return to accommodation/dinner and bed, live out leave for the day

Tuesday 22nd January

9am-12:30pm Camp



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NFC

National Football Camp

12:30-1:30pm Lunch

1:30pm-5:45pm Camp

6pm Live in participants return to accommodation/dinner and bed, live out leave for the day

Wednesday 23rd January

9am-12:00pm Camp

12:00pm Camp concludes

This is a wonderful chance for athletes to experience a football tour that is coordinated by international standard coaches who have worked at the highest level. You'll have expertise coaching sessions including competitive games against teams of your own standard from across the Eastern seaboard of Australia.



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NFC
National Football Camp



For further details, please do not hesitate to contact the NIAS team on 6766 2526 or you can contact NFC Director James Cooper directly on 0488 152 092 or via email:

james.cooper@nias.org.au

www.nias.org.au

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